

Results are Provisional until confirmed, Full Results on www.coretiming.ie

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
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Super Sprint

1.	17	Kieran	Jackson	m	M20-24		00:10:50	1	00:00:37	00:31:11	8	38,4	00:00:25	00:15:27	3	00:58:32
2.	15	Sabian	Kulczynski	m	M16-17	Ennis TC	00:11:24	2	00:00:39	00:31:18	9	38,3	00:00:21	00:15:17	2	00:59:02
3.	18	Fionn	Kerry	m	M16-17		00:12:31	11	00:00:40	00:30:06	3	39,8	00:00:27	00:16:08	6	00:59:53
4.	13	Jonathan	Martin	m	M18-19	247 Triathlon Club	00:11:28	4	00:00:36	00:31:19	10	38,3	00:00:22	00:16:08	5	00:59:55
5.	33	Odhran	Mc Kane	m	M20-24	Northwest TC	00:11:58	5	00:00:36	00:30:44	7	39,0	00:00:26	00:16:20	7	01:00:07
6.	16	Niall	Foley	m	M20-24	Athy Triathlon Club	00:12:22	8	00:00:33	00:30:24	5	39,4	00:00:29	00:16:39	9	01:00:29
7.	10	Brendan	Crawford	m	M35-39	Belpark TC	00:12:29	10	00:00:45	00:30:06	2	39,8	00:00:26	00:17:11	11	01:00:59
8.	7	Luke	McCarron	m	M20-24	Northwest TC	00:11:25	3	00:00:35	00:31:22	11	38,2	00:00:27	00:17:50	14	01:01:40
9.	14	Niall	Cornyn	m	M20-24		00:13:37	14	00:00:38	00:33:26	12	35,8	00:00:33	00:15:00	1	01:03:16
10.	5	Ciaran	Madden	m	M20-24	Longford TC	00:12:10	7	00:00:31	00:33:31	13	35,7	00:00:33	00:17:13	12	01:04:00
11.	615	Des	Crinion	m	M30-34	QUB TC	00:15:42	15	00:00:46	00:34:50	16	34,4	00:00:26	00:17:13	13	01:08:59
12.	32	David	Coyle	m	M25-29		00:16:37	18	00:01:25	00:34:09	14	35,1	00:00:26	00:16:50	10	01:09:30
13.	4	Jake	Rushby	m	M16-17	Peninsula TC	00:15:46	16	00:01:01	00:34:39	15	34,6	00:00:33	00:19:55	16	01:11:57
DSQ	1	Ben	Ryan	m	M16-17		00:12:28	9	00:00:45	00:30:04	1	39,8	00:00:20	00:15:30	4	00:59:09
DSQ	11	Michael	Moran	m	M20-24	Midland TC	00:12:03	6	00:00:41	00:30:38	6	39,1	00:02:21	00:16:30	8	01:02:16
DSQ	12	Philip	Baillie	m	M30-34	Peninsula TC	00:16:23	17	00:00:53	00:39:53	17	30,0	00:01:03	00:18:07	15	01:16:21
DSQ	620	Ben	Vahey	m	M20-24		00:12:34	12	00:00:34	00:30:22	4	39,4	00:00:26	00:22:04	17	01:06:02
DNS	6	Luke	Lyons	m	M18-19	Limerick TC	00:13:13	13			-1				-1	01:01:25

Super Sprint Female

1.	29	Carolyn maria	Hayes	f	F30-34	Limerick TC	00:11:58	2	00:00:50	00:34:30	1	34,7	00:00:38	00:16:43	1	01:04:41
2.	19	Erin	McConnell	f	F18-19	Peninsula TC	00:11:29	1	00:00:39	00:35:13	2	34,0	00:00:28	00:17:47	3	01:05:37
3.	28	Caron	Ryan	f	F18-19	Predator Triathlon	00:13:28	4	00:00:52	00:35:40	3	33,6	00:00:44	00:17:36	2	01:08:22
4.	31	Ella	Doherty	f	F16-17	Ennis TC	00:12:12	3	00:00:36	00:37:07	6	32,3	00:00:24	00:19:28	6	01:09:49
5.	24	Ellen	Murphy	f	F35-39	Belpark TC	00:14:55	10	00:00:34	00:35:54	4	33,4	00:00:38	00:19:42	7	01:11:45



Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
6.	22	Caitlin	Mcdonald	f	F20-24	Athy Triathlon Club	00:13:29	5	00:00:39	00:38:51	10	30,8	00:00:27	00:18:57	5	01:12:25
7.	20	Lauren	Strange	f	F18-19		00:13:36	9	00:00:38	00:38:45	9	30,9	00:00:31	00:20:13	8	01:13:45
8.	25	Alex	Stewart	f	F16-17	Limerick TC	00:13:30	6	00:00:54	00:38:32	7	31,1	00:00:34	00:20:56	9	01:14:28
9.	26	Elia	Tutty	f	F16-17	Tried & Tested TC	00:13:33	8	00:00:47	00:38:35	8	31,0	00:00:35	00:21:58	11	01:15:30
10.	27	Hannah	Gibney	f	F25-29	Portmarnock TC	00:20:00	11	00:01:40	00:47:31	11	25,2	00:00:57	00:21:07	10	01:31:17
DSQ	30	Shannon	Kelly	f	F20-24	Piranha TC	00:13:33	7	00:00:34	00:36:36	5	32,7	00:00:38	00:18:32	4	01:09:55
DNF	23	Emma	Porter	f	F25-29	Activmultisport TC		-1			-1				-1	

Sprint Distance

1.	279	Tom	Mcenery	m	M30-34	Piranha TC	00:12:13	4	00:01:25	00:32:39	42	36,7	00:01:12	00:15:27	4	01:02:57
2.	137	Enda	Bagnall	m	M40-44	Edenderry TC	00:14:11	30	00:01:22	00:30:21	5	39,5	00:01:15	00:16:57	17	01:04:09
3.	67	Conor	Tiernan	m	M30-34	Athy Triathlon Club	00:14:48	51	00:01:32	00:30:50	13	38,9	00:01:21	00:15:40	6	01:04:12
4.	152	James	Cleland	m	M40-44	Hi-Elbow TC	00:14:07	29	00:00:27	00:31:50	24	37,6	00:00:31	00:17:29	31	01:04:26
5.	460	Darragh	Collins	m	M16-17		00:13:44	17	00:01:46	00:31:42	20	37,8	00:01:06	00:16:19	7	01:04:39
6.	479	Cillian	Moffat	m	M25-29		00:13:49	22	00:01:32	00:30:24	6	39,4	00:01:23	00:17:41	43	01:04:51
7.	87	Jonathan	Morris	m	M30-34	Belpark TC	00:14:57	56	00:01:38	00:30:34	8	39,2	00:01:08	00:16:38	12	01:04:58
8.	154	Andrew	Kirk	m	M30-34	Invictus TC	00:14:30	41	00:01:32	00:31:13	16	38,4	00:00:33	00:17:32	34	01:05:22
9.	484	Matthew	Carroll	m	M25-29		00:14:49	52	00:01:30	00:30:49	12	38,9	00:01:10	00:17:14	23	01:05:34
10.	386	Philip	Castles	m	M40-44	TUNA TC	00:13:56	26	00:01:32	00:30:39	9	39,1	00:01:21	00:18:20	65	01:05:49
11.	196	James	Cribbin	m	M45-49	Midland TC	00:16:57	154	00:00:30		-1				-1	01:06:17
12.	272	Ross	Condy	m	M25-29	Piranha TC	00:14:07	28	00:01:33	00:31:44	22	37,7	00:01:33	00:17:23	28	01:06:21
13.	412	Trevor	Conroy	m	M40-44	Wicklow TC	00:15:44	82	00:01:17	00:32:00	26	37,4	00:01:05	00:16:22	8	01:06:30
14.	215	Maciej	Brumm	m	M35-39	Newry Triathlon Club	00:13:21	11	00:33:50	00:01:17	3	932,4	00:00:25	00:17:35	37	01:06:30
15.	235	Conor	Maguire	m	M20-24	Omagh TC	00:14:41	49	00:01:35	00:32:10	30	37,2	00:00:28	00:17:35	40	01:06:30
16.	606	Andrew	Nicholson	m	M25-29		00:10:46	1	00:02:08	00:34:36	118	34,6	00:00:50	00:18:09	56	01:06:31
17.	348	John	McDonnell	m	M30-34	Setanta Triathlon	00:15:20	66	00:02:22	00:30:33	7	39,2	00:01:22	00:17:03	21	01:06:41
18.	464	Eoin	Nagle	m	M20-24		00:15:20	67	00:01:49	00:31:31	17	38,0	00:01:24	00:16:38	11	01:06:44
19.	602	Raymond	Lonergan	m	M30-34	Kilkenny Triathlon	00:17:04	159	00:01:12	00:31:45	23	37,7	00:01:10	00:15:34	5	01:06:47
20.	514	Stephen	Loughnane	m	M35-39		00:47:09	465		00:32:41	45	36,7	00:00:31	00:17:26	29	01:06:52
21.	172	Declan	O'Donoghue	m	M40-44	Killarney TC	00:14:17	33	00:35:01		-1		00:00:27	00:18:19	63	01:06:59
22.	381	Paul	O'brien	m	M30-34	Trilogy Triathlon Club	00:15:36	76	00:01:21	00:31:38	19	37,9	00:01:31	00:16:58	18	01:07:06



Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
23.	369	Mark	Farquhar	m	M35-39	Tri Limits TC	00:16:32	124	00:01:29	00:30:08	4	39,8	00:01:27	00:17:37	41	01:07:14
24.	160	Dermot	Mccabe	m	M45-49	Island TC	00:14:18	35	00:01:27	00:33:03	56	36,3	00:01:19	00:17:30	32	01:07:38
25.	503	Raymond	Byrne	m	M30-34		00:14:39	47	00:01:39	00:32:14	34	37,2	00:02:16	00:17:01	19	01:07:50
26.	476	Jonathan	Farrell	m	M25-29		00:13:45	19	00:01:48	00:33:50	84	35,4	00:01:48	00:16:42	13	01:07:54
27.	234	Clifford	Rodgers	m	M45-49	Olympian Triathlon	00:13:46	20	00:01:19	00:33:24	70	35,9	00:01:14	00:18:12	58	01:07:56
28.	520	Barry	Loughran	m	M35-39		00:14:26	38	00:01:32	00:32:40	44	36,7	00:01:17	00:18:02	53	01:07:59
29.	360	Ellen	Vitting	f	F30-34	Tri an Mhi TC	00:14:29	40	00:01:30	00:32:14	35	37,2	00:01:14	00:18:32	75	01:08:02
30.	204	Micheal	Bailey	m	M35-39	Naas TC	00:16:07	104	00:01:39	00:30:39	10	39,1	00:01:23	00:18:14	62	01:08:04
31.	351	Peter	Tomany	m	M40-44	Setanta Triathlon	00:15:47	84	00:01:38	00:30:47	11	38,9	00:01:21	00:18:31	74	01:08:06
32.	167	Peter	Barry	m	M40-44	Kilkenny Triathlon	00:15:08	62	00:01:26	00:32:48	50	36,5	00:01:21	00:17:32	35	01:08:16
33.	81	Gavin	Stapleton	m	M25-29	Belpark TC	00:15:26	69	00:01:37	00:31:09	15	38,5	00:01:21	00:18:46	91	01:08:21
34.	608	David	O'shea	m	M30-34	Piranha TC	00:15:33	73	00:01:34	00:31:34	18	37,9	00:01:26	00:18:22	66	01:08:31
35.	86	Ian	Grehan	m	M30-34	Belpark TC	00:13:22	12	00:01:30	00:33:47	83	35,5	00:01:25	00:18:30	73	01:08:36
36.	466	Oran	McGee	m	M20-24		00:13:55	24	00:01:50	00:33:28	72	35,8	00:01:28	00:17:55	49	01:08:40
37.	92	Paul	Callanan	m	M35-39	Belpark TC	00:14:19	36	00:01:30	00:32:53	51	36,4	00:01:24	00:18:39	83	01:08:47
38.	62	Paul	Heavey	m	M40-44	Athlone TC	00:15:08	60	00:01:50	00:33:13	60	36,1	00:01:14	00:17:27	30	01:08:53
39.	336	Fabian	Mangan	m	M16-17	Predator Triathlon	00:13:52	23	00:01:36	00:32:11	31	37,2	00:01:21	00:20:04	152	01:09:07
40.	258	Becky	Woods	f	F30-34	Piranha TC	00:14:42	50	00:01:37	00:33:44	80	35,5	00:01:27	00:17:35	39	01:09:08
41.	605	Chris	McGuigan	m	M50-54	Omagh TC	00:15:29	72	00:01:45	00:32:29	40	36,9	00:01:23	00:18:06	54	01:09:14
42.	216	Wayne	Graham	m	M35-39	Newry Triathlon Club	00:15:40	79	00:01:57	00:30:52	14	38,8	00:01:39	00:19:03	111	01:09:14
43.	49	Michael	King	m	M40-44	Activmultisport TC	00:15:14	64	00:01:36	00:33:14	61	36,0	00:01:22	00:18:00	52	01:09:29
44.	343	Donnacha	McCarthy	m	M25-29	Pulse TC	00:48:38	466	00:00:58		-1				-1	01:09:30
45.	459	Conor	Shiels	m	M18-19		00:12:11	3	00:01:23	00:37:55	231	31,6	00:01:23	00:16:36	10	01:09:30
46.	221	Peter	Mc Conville	m	M50-54	Newry Triathlon Club	00:16:16	106	00:01:27	00:32:06	27	37,3	00:00:29	00:19:14	119	01:09:34
47.	339	Esther	Bayon	f	F40-44	Pulse TC	00:13:23	13	00:01:21	00:34:43	126	34,5	00:01:18	00:18:52	96	01:09:39
48.	359	Padraig	Kelly	m	M35-39	Tralee TC	00:15:49	86	00:01:31	00:32:27	39	36,9	00:01:15	00:18:38	79	01:09:42
49.	169	Patrick	Young	m	M45-49	Kilkenny Triathlon	00:15:05	59	00:01:23	00:33:37	77	35,6	00:01:22	00:18:13	60	01:09:42
50.	40	John	Connaghan	m	M55-59	247 Triathlon Club	00:15:37	77	00:01:47	00:32:39	43	36,7	00:19:15	00:00:31	1	01:09:51
51.	176	Sam	Cordner	m	M50-54	Lisburn TC	00:15:57	98	00:01:40	00:32:23	38	37,0	00:01:29	00:18:27	71	01:09:58
52.	392	Luke	Doyle	m	M16-17	Waterford TC	00:12:53	6	00:03:20	00:35:17	143	34,0	00:01:25	00:17:03	22	01:10:00
53.	553	Pedro	Lopez	m	M40-44		00:14:57	55	00:01:55	00:34:47	130	34,4	00:01:25	00:17:03	20	01:10:08
54.	236	Michael	Holland	m	M30-34	Omagh TC	00:14:18	34	00:01:42	00:32:19	37	37,1	00:01:33	00:20:15	163	01:10:09
55.	557	Steven	Craig	m	M40-44		00:15:56	96	00:01:38	00:33:21	69	35,9	00:01:20	00:17:52	48	01:10:10

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
56.	168	Paul	Dermody	m	M40-44	Kilkenny Triathlon	00:15:46	83	00:02:09	00:32:07	28	37,3	00:00:26	00:19:42	136	01:10:12
57.	321	Finn	Lyons	m	M35-39	Portmarnock TC	00:15:53	93	00:01:36	00:33:21	68	35,9	00:01:36	00:17:49	46	01:10:17
58.	349	Conor	McCroery	m	M35-39	Setanta Triathlon	00:15:56	97	00:35:11	00:01:13	2	976,1	00:00:33	00:17:31	33	01:10:26
59.	358	Gerard	Pierse	m	M35-39	Tralee TC	00:14:20	37	00:01:56	00:34:22	107	34,9	00:01:24	00:18:24	69	01:10:28
60.	301	Gareth	Robinson	m	M45-49	Piranha TC	00:16:19	110	00:01:30	00:32:10	29	37,3	00:01:31	00:18:56	102	01:10:28
61.	616	Cormac	Kelly	m	M20-24	Athy Triathlon Club	00:15:50	87	00:01:12	00:34:52	131	34,4	00:01:18	00:17:16	24	01:10:31
62.	93	David	Power	m	M35-39	Belpark TC	00:16:24	113	00:01:25	00:34:23	109	34,8	00:01:27	00:16:54	14	01:10:34
63.	271	Robert	Keenan	m	M20-24	Piranha TC	00:14:50	53	00:01:21	00:34:40	123	34,6	00:01:26	00:18:19	64	01:10:38
64.	52	Kenneth	Morris	m	M45-49	Activmultisport TC	00:16:24	114	00:01:24	00:32:59	54	36,3	00:01:14	00:18:36	77	01:10:39
65.	573	Kilian	Dooley	m	M45-49		00:17:18	174	00:01:27	00:32:11	32	37,2	00:01:45	00:18:11	57	01:10:53
66.	202	Darragh	Skehan	m	M30-34	Naas TC	00:17:55	211	00:00:44	00:32:45	47	36,6	00:01:17	00:18:13	59	01:10:55
67.	365	Celia	Davin	f	F40-44	Tri Lakes TC	00:13:56	25	00:02:01	00:34:04	95	35,2	00:01:24	00:19:36	132	01:11:03
68.	243	Michael	Riddell	m	M40-44	Peninsula TC	00:14:36	43	00:01:40	00:33:59	89	35,3	00:00:34	00:20:16	165	01:11:06
69.	247	Darren	Cranston	m	M35-39	Phoenix TC	00:14:36	44	00:02:02	00:34:07	99	35,1	00:01:25	00:18:56	101	01:11:08
70.	218	Mark	McGivern	m	M40-44	Newry Triathlon Club	00:16:22	112	00:01:30	00:33:00	55	36,3	00:01:27	00:18:51	94	01:11:13
71.	319	Conor	Fitzpatrick	m	M25-29	Portmarnock TC	00:18:05	221	00:01:45	00:32:17	36	37,1	00:01:31	00:17:34	36	01:11:14
72.	226	Darrell	Cairns	m	M40-44	Northwest TC	00:17:19	177	00:01:49	00:31:43	21	37,8	00:01:27	00:18:54	99	01:11:15
73.	103	Bruce	Campbell	m	M45-49	Belpark TC	00:17:22	179	00:01:26	00:34:02	91	35,2	00:01:14	00:17:17	26	01:11:23
74.	91	Finbarr	Coghlan	m	M35-39	Belpark TC	00:13:43	16	00:01:23	00:35:47	166	33,5	00:01:33	00:18:59	107	01:11:25
75.	47	William	Morris	m	M40-44	Activmultisport TC	00:16:31	123	00:01:41	00:34:25	111	34,8	00:00:41	00:18:06	55	01:11:26
76.	275	Adam	Goslin	m	M25-29	Piranha TC	00:15:24	68	00:01:34	00:34:24	110	34,8	00:01:16	00:18:54	98	01:11:35
77.	539	Hugh	Carberry	m	M40-44		00:51:10	469		00:33:32	74	35,7	00:00:32	00:19:04	112	01:11:39
78.	114	Kevin	Condon	m	M35-39	Clonmel TC	00:16:03	102	00:01:45	00:33:38	78	35,6	00:01:19	00:18:56	103	01:11:44
79.	337	Sarah	Stapleton	f	F35-39	Pulse TC	00:16:26	116	00:01:35	00:33:46	81	35,5	00:01:10	00:18:45	89	01:11:44
80.	140	Christopher	Watts	m	M16-17	Fingal TC	00:13:48	21	00:02:24	00:34:18	106	34,9	00:00:51	00:20:23	179	01:11:46
81.	253	Ross	Ringwood	m	M30-34	Piranha TC	00:15:29	71	00:01:45	00:33:50	85	35,4	00:01:27	00:19:15	120	01:11:48
82.	396	Gordon	Quinn	m	M40-44	Wexford TC	00:16:41	140	00:01:29	00:34:41	124	34,5	00:01:37	00:17:17	25	01:11:48
83.	220	Niall	Mccarron	m	M45-49	Newry Triathlon Club	00:50:57	468			-1				-1	01:11:53
84.	50	Eddie	Garry	m	M40-44	Activmultisport TC	00:18:07	224	00:00:39	00:34:11	102	35,1	00:00:22	00:18:40	84	01:12:00
85.	462	Jack	Bingham	m	M16-17		00:13:16	10	00:02:13	00:33:52	86	35,4	00:01:53	00:20:52	207	01:12:08
86.	5000	N.N.	50002				00:11:42	2	00:02:02	00:33:43	79	35,5	00:01:04	00:23:41	342	01:12:14
87.	120	Gregory	Murphy	m	M40-44	Cuilcagh TC	00:18:39	262	00:01:50	00:33:12	59	36,1	00:01:40	00:16:56	16	01:12:18
88.	171	Arthur	Fitzgerald	m	M30-34	Killarney TC	00:16:38	136	00:02:04	00:35:19	145	33,9	00:00:41	00:17:35	38	01:12:19

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
89.	395	Tojo	Lazzari	m	M25-29	Westport TC	00:15:48	85	00:01:39	00:35:30	153	33,8	00:00:46	00:18:39	80	01:12:23
90.	65	Darren	Foley	m	M16-17	Athy Triathlon Club	00:16:01	101	00:01:38	00:34:39	120	34,6	00:01:18	00:19:00	110	01:12:39
91.	63	Michelle	Brennan	f	F20-24	Athy Triathlon Club	00:13:43	15	00:01:34	00:36:06	180	33,2	00:01:19	00:19:58	145	01:12:41
92.	135	Brian	Collins	m	M50-54	Drogheda TC	00:17:28	183	00:01:44	00:33:14	62	36,0	00:02:15	00:17:59	51	01:12:43
93.	595	Liam	Liddy	m	M55-59		00:14:59	57	00:01:32	00:33:46	82	35,5	00:02:04	00:20:20	174	01:12:44
94.	156	Stephen	Weir	m	M30-34	Island TC	00:16:57	155	00:01:35	00:34:04	94	35,2	00:01:32	00:18:37	78	01:12:47
95.	54	John	Kenny	m	M55-59	Activmultisport TC	00:14:06	27	00:02:08	00:34:06	98	35,1	00:01:47	00:20:39	193	01:12:47
96.	601	Brianne	Mulvihill	f	F35-39	Piranha TC	00:14:41	48	00:01:45	00:35:11	140	34,0	00:01:18	00:19:58	146	01:12:55
97.	188	Alan	O'Donnell	m	M40-44	Mako TRI club	00:18:28	249	00:02:00	00:33:15	63	36,0	00:01:33	00:17:39	42	01:12:56
98.	159	Neil	Campbell	m	M45-49	Island TC	00:17:15	171	00:01:49	00:34:34	116	34,7	00:01:29	00:17:52	47	01:13:01
99.	385	Fiona	Murphy	f	F25-29	TUNA TC	00:13:13	9	00:01:53	00:37:41	227	31,8	00:01:31	00:18:45	90	01:13:06
100.	567	David	O'Mahony	m	M45-49		00:50:51	467			-1			00:20:43	196	01:13:07
101.	244	Ray	Brownfield	m	M45-49	Peninsula TC	00:16:44	145	00:02:16	00:31:55	25	37,5	00:01:55	00:20:17	166	01:13:08
102.	334	Emma	Boyle	f	F16-17	Predator Triathlon	00:13:06	8	00:01:28	00:36:27	187	32,9	00:01:13	00:20:53	209	01:13:09
103.	274	Brian	Stanley	m	M25-29	Piranha TC	00:15:54	94	00:01:49	00:34:45	128	34,5	00:02:04	00:18:39	81	01:13:13
104.	68	Robert	O'Brien	m	M40-44	Athy Triathlon Club	00:15:52	92	00:02:04	00:36:08	182	33,2	00:01:21	00:17:47	45	01:13:14
105.	356	The Real King of	The Real King of	m	Relay	The Real King of	00:12:47	5	00:01:19	00:35:19	146	33,9	00:02:24	00:21:25	243	01:13:16
106.	228	Dermot	Connolly	m	M55-59	Northwest TC	00:18:48	275	00:01:43	00:32:12	33	37,2	00:01:35	00:18:57	104	01:13:17
107.	266	Vanessa	Fenton	f	F45-49	Piranha TC	00:14:36	45	00:02:05	00:35:09	137	34,1	00:01:54	00:19:31	131	01:13:18
108.	388	Daniel	Young	m	M40-44	TUNA TC	00:15:50	88	00:01:36	00:33:20	66	35,9	00:01:20	00:21:11	226	01:13:19
109.	325	Gustavo	Longo	m	M40-44	Portmarnock TC	00:14:28	39	00:01:53	00:35:17	144	34,0	00:21:02	00:00:38	2	01:13:20
110.	526	David	Dunne	m	M35-39		00:16:34	130	00:01:56	00:32:55	53	36,4	00:01:33	00:20:24	180	01:13:24
111.	175	Simon	Smith	m	M35-39	Lisburn TC	00:15:38	78	00:02:21	00:34:39	119	34,6	00:00:25	00:20:22	176	01:13:27
112.	494	David	Mulqueen	m	M30-34		00:17:39	196	00:01:50	00:32:38	41	36,7	00:02:07	00:19:12	118	01:13:28
113.	355	Gary	Mccarthy	m	M50-54	T3 Triathlon Club	00:15:29	70	00:01:48	00:33:37	76	35,6	00:01:37	00:21:04	220	01:13:37
114.	278	Finbar	O'Grady	m	M30-34	Piranha TC	00:19:12	299	00:01:48	00:34:29	113	34,7	00:01:34	00:16:36	9	01:13:41
115.	248	Fran	Egan	m	M40-44	Phoenix TC	00:18:05	222	00:02:02	00:32:55	52	36,4	00:01:46	00:18:51	93	01:13:41
116.	289	Peter	Sweeney	m	M40-44	Piranha TC	00:15:52	90	00:02:16	00:35:00	133	34,2	00:01:49	00:18:43	86	01:13:41
117.	205	Luciano	Licciardello	m	M40-44	Naas TC	00:14:30	42	00:01:49	00:36:50	204	32,5	00:01:57	00:18:36	76	01:13:44
118.	510	David	Elliott	m	M35-39		00:16:36	132	00:02:08	00:34:16	104	35,0	00:01:40	00:19:09	117	01:13:52
119.	543	Mathieu	Norry	m	M40-44		00:19:20	308	00:00:45	00:34:04	93	35,2	00:01:16	00:18:27	72	01:13:53
120.	345	Flavius	Marcoi	m	M40-44	Pulse TC	00:18:04	219	00:02:34	00:33:16	65	36,0	00:01:36	00:18:24	70	01:13:57
121.	578	Ralph	Barron	m	M50-54		00:16:45	146	00:01:36	00:35:10	138	34,1	00:01:28	00:18:57	105	01:13:58

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
122.	43	Ciaran	Fitzgibbon	m	M30-34	3D TC	00:16:13	105	00:01:54	00:33:34	75	35,7	00:01:28	00:20:47	202	01:13:59
123.	322	Deaglan	O'Connor	m	M35-39	Portmarnock TC	00:16:27	119	00:01:21	00:34:46	129	34,5	00:01:27	00:20:14	162	01:14:17
124.	131	Andrew	Jein	m	M40-44	Drogheda TC	00:18:24	244			-1				-1	01:14:21
125.	353	Gerard	Kenny	m	M55-59	Setanta Triathlon	00:18:30	253	00:01:24	00:33:16	64	36,0	00:01:17	00:19:57	144	01:14:25
126.	480	Scott	Henderson	m	M25-29		00:16:42	143	00:02:13	00:34:56	132	34,3	00:01:40	00:18:59	109	01:14:31
127.	210	Kevin	Power-Kelly	m	M20-24	Nenagh TC	00:20:55	370	00:00:31	00:34:42	125	34,5	00:00:46	00:17:45	44	01:14:40
128.	155	Sean	McCullagh	m	M20-24	Island TC	00:13:41	14	00:02:24	00:39:08	272	30,6	00:18:40	00:00:50	3	01:14:45
129.	153	Eimer	Dowds	f	F30-34	Invictus TC	00:16:36	133	00:01:44	00:35:32	157	33,7	00:01:30	00:19:21	122	01:14:45
130.	164	Niamh	Richardson	f	F50-54	Kilkenny Triathlon	00:16:04	103	00:02:42	00:35:26	150	33,8	00:01:42	00:18:52	95	01:14:48
131.	194	Breda	Daly	f	F45-49	Midland TC	00:17:07	164	00:01:39	00:35:54	174	33,4	00:01:22	00:18:47	92	01:14:52
132.	117	Katie	Hickson	f	F40-44	Cork TC	00:16:45	147	00:01:59	00:35:28	151	33,8	00:00:20	00:20:21	175	01:14:56
133.	143	David	Sheedy	m	M40-44	Fingal TC	00:18:33	258	00:01:37	00:33:09	57	36,1	00:01:24	00:20:19	171	01:15:04
134.	51	Cormac	Oconnor	m	M45-49	Activmultisport TC	00:14:16	32	00:02:07	00:35:16	142	34,0	00:01:53	00:21:32	245	01:15:06
135.	58	Ciaran	Campbell	m	M45-49	Armagh Pike Kickers	00:18:17	237	00:01:54	00:32:43	46	36,6	00:01:38	00:20:33	186	01:15:07
136.	421	Dan	McCarthy	m	M55-59	Wicklow TC	00:15:33	74	00:02:03	00:35:22	148	33,9	00:01:48	00:20:29	182	01:15:16
137.	552	Ralph	Mercer	m	M40-44		00:18:33	257	00:02:13	00:32:47	49	36,5	00:01:38	00:20:10	158	01:15:22
138.	373	Brian	Hackett	m	M35-39	Tri Limits TC	00:18:23	241	00:01:45	00:34:22	108	34,9	00:01:33	00:19:19	121	01:15:24
139.	350	Peader	Grant	m	M40-44	Setanta Triathlon	00:18:17	238	00:02:17	00:33:10	58	36,1	00:01:35	00:20:05	154	01:15:26
140.	330	Damian	Cronin	m	M45-49	Portmarnock TC	00:18:26	247	00:01:46	00:33:26	71	35,8	00:01:37	00:20:09	157	01:15:26
141.	331	Larry	O'Byrne	m	M45-49	Portmarnock TC	00:16:34	127	00:02:25	00:33:56	87	35,3	00:01:37	00:20:54	210	01:15:28
142.	352	Niall	Mccabe	m	M45-49	Setanta Triathlon	00:18:49	279	00:02:24	00:34:05	96	35,2	00:01:23	00:18:53	97	01:15:35
143.	488	Seamus	McGarrell	m	M30-34		00:16:40	139	00:02:55	00:35:11	139	34,1	00:01:23	00:19:29	128	01:15:41
144.	389	Niamh	Staunton	f	F18-19	UCD Triathlon Club	00:13:44	18	00:01:46	00:38:43	260	30,9			-1	01:15:50
145.	69	Keith	Pollard	m	M40-44	Athy Triathlon Club	00:17:27	182	00:00:41	00:36:39	193	32,7	00:02:09	00:18:58	106	01:15:57
146.	60	Gerald	Lynch	m	M35-39	Athlone TC	00:16:18	108	00:01:42	00:35:57	177	33,3	00:01:21	00:20:37	192	01:15:58
147.	165	Robert	Cunningham	m	M30-34	Kilkenny Triathlon	00:16:35	131	00:01:49	00:37:16	218	32,1	00:01:36	00:18:39	82	01:15:58
148.	417	Conor	Macgowan	m	M45-49	Wicklow TC	00:16:01	100	00:02:13	00:35:01	134	34,2	00:01:39	00:21:02	215	01:15:59
149.	284	Martin	Dunne	m	M35-39	Piranha TC	00:17:28	184	00:01:59	00:35:43	164	33,5	00:01:21	00:19:29	127	01:16:02
150.	498	Gareth	Moran	m	M30-34		00:17:51	208	00:03:53	00:35:59	178	33,3	00:01:36	00:16:55	15	01:16:16
151.	211	Catherine	Mccloskey mcgreevy	f	F45-49	Newry Triathlon Club	00:19:09	294	00:02:02	00:34:16	105	35,0	00:01:43	00:19:04	113	01:16:17
152.	99	Niall	McMonagle	m	M40-44	Belpark TC	00:16:58	156	00:01:53	00:34:08	101	35,1	00:01:34	00:21:45	253	01:16:21
153.	419	David	Gillespie	m	M55-59	Wicklow TC	00:16:29	121	00:01:43	00:34:36	117	34,6	00:01:19	00:22:11	277	01:16:22
154.	84	Kevin	Leavey	m	M30-34	Belpark TC	00:17:08	165	00:01:54	00:35:30	155	33,7	00:01:42	00:20:07	156	01:16:23



Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
155.	295	David	Bray	m	M45-49	Piranha TC	00:17:33	190	00:01:56	00:34:08	100	35,1	00:00:41	00:22:08	271	01:16:28
156.	129	Neville	Aspell	m	M35-39	Drogheda TC	00:18:40	263	00:01:39	00:35:51	170	33,4	00:01:36	00:18:45	88	01:16:33
157.	245	Stephen	Turner	m	M50-54	Peninsula TC	00:17:16	173	00:02:35	00:34:00	90	35,2	00:01:52	00:20:55	211	01:16:40
158.	619	Darragh	Crowley	m	M40-44		00:19:15	303	00:01:59	00:34:32	115	34,7	00:01:28	00:19:27	125	01:16:44
159.	121	Colum	Caughey	m	M45-49	Cuilcagh TC	00:15:42	80	00:02:20	00:35:47	167	33,5	00:00:29	00:22:36	296	01:16:56
160.	430	Helen	Perry	f	F25-29		00:16:39	137	00:02:06	00:36:48	201	32,5	00:01:38	00:19:47	139	01:17:00
161.	418	John	Bowes	m	M50-54	Wicklow TC	00:20:05	339	00:01:53	00:33:20	67	35,9	00:01:39	00:20:01	149	01:17:01
162.	199	Michelle	Doyle	f	F40-44	Naas TC	00:18:58	286	00:01:51	00:34:28	112	34,8	00:01:26	00:20:17	168	01:17:03
163.	237	John	Morris	m	M35-39	Omagh TC	00:17:59	213	00:02:14	00:35:47	169	33,5	00:02:00	00:19:06	114	01:17:08
164.	393	Coilin	Collins smyth	m	M30-34	Waterford TC	00:18:45	268	00:01:59	00:36:57	206	32,4	00:01:17	00:18:14	61	01:17:14
165.	34	Bronagh	O'gara	f	F40-44	247 Triathlon Club	00:19:17	304	00:00:52	00:35:02	135	34,2	00:01:34	00:20:31	183	01:17:17
166.	89	Simon	Macallister	m	M35-39	Belpark TC	00:16:50	150	00:01:45	00:37:12	214	32,2	00:01:32	00:19:56	143	01:17:17
167.	101	James	Fielding	m	M45-49	Belpark TC	00:16:27	118	00:02:43	00:35:30	154	33,8	00:01:54	00:20:42	195	01:17:17
168.	529	Mark	Mansfield	m	M35-39		00:16:34	129	00:02:10	00:35:54	172	33,4	00:01:42	00:20:57	212	01:17:19
169.	98	Ian	Clarke	m	M40-44	Belpark TC	00:17:50	206	00:01:46	00:34:44	127	34,5	00:01:44	00:21:22	240	01:17:28
170.	338	Siobhan	Quain	f	F35-39	Pulse TC	00:16:41	142	00:02:09	00:35:05	136	34,1	00:01:29	00:22:03	266	01:17:29
171.	79	Donna	Mahon	f	F45-49	Belpark TC	00:18:06	223	00:02:14	00:35:44	165	33,5	00:01:44	00:19:46	138	01:17:36
172.	282	Declan	Connolly	m	M35-39	Piranha TC	00:17:39	195	00:02:35	00:38:05	237	31,4	00:01:56	00:17:21	27	01:17:38
173.	214	Cailam	Quinn	m	M30-34	Newry Triathlon Club	00:17:25	181	00:01:45	00:38:35	254	31,0	00:01:35	00:18:23	67	01:17:45
174.	170	Ken	Byrne	m	M45-49	Kilkenny Triathlon	00:17:05	160	00:01:51	00:36:40	195	32,7	00:01:50	00:20:18	169	01:17:45
175.	285	Derek	Organ	m	M35-39	Piranha TC	00:18:56	284	00:01:53	00:34:31	114	34,7	00:02:00	00:20:32	185	01:17:55
176.	157	Glenn	Murphy	m	M35-39	Island TC	00:17:31	187	00:02:06	00:36:39	192	32,7	00:01:26	00:20:13	161	01:17:57
177.	420	Peter	Wedderburn	m	M55-59	Wicklow TC	00:18:23	243	00:01:43	00:35:56	176	33,3	00:01:42	00:20:22	177	01:18:08
178.	136	Martin	Victory	m	M55-59	Drogheda TC	00:53:56	470			-1			00:22:14	283	01:18:10
179.	265	Siobhan	Forman	f	F45-49	Piranha TC	00:17:19	176	00:02:06	00:35:22	147	33,9	00:01:43	00:21:39	251	01:18:11
180.	57	Sean	Mc sorley	m	M35-39	Armagh Pike Kickers	00:19:49	326	00:02:14	00:36:02	179	33,2	00:01:41	00:18:24	68	01:18:13
181.	300	John	Kearney	m	M45-49	Piranha TC	00:17:40	197	00:02:36	00:34:06	97	35,1	00:02:52	00:20:58	214	01:18:14
182.	130	Ken	Shevlin	m	M35-39	Drogheda TC	00:16:37	135	00:02:19	00:36:59	208	32,4	00:01:27	00:20:52	206	01:18:15
183.	35	Fin	Begley	f	F45-49	247 Triathlon Club	00:17:50	205	00:01:55	00:35:39	162	33,6	00:01:35	00:21:17	231	01:18:18
184.	242	James	Taylor	m	M60-64	Peninsula TC	00:17:36	192	00:02:06	00:36:24	186	32,9	00:01:35	00:20:36	191	01:18:20
185.	428	Mollie	Foley	f	F16-17		00:14:15	31	00:01:36	00:38:51	266	30,8	00:01:25	00:22:12	279	01:18:21
186.	346	Phillip	Mccann	m	M45-49	Pulse TC	00:17:42	200	00:04:47	00:32:47	48	36,5	00:01:45	00:21:19	234	01:18:22
187.	276	Ciaran	Costello	m	M25-29	Piranha TC	00:16:27	117	00:02:13	00:36:20	185	33,0	00:02:08	00:21:21	238	01:18:29

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
188.	513	Fergal	McNally	m	M35-39		00:15:58	99	00:03:26	00:36:49	203	32,5	00:01:13	00:21:02	216	01:18:30
189.	533	Neil	Mccann	m	M35-39		00:15:08	63	00:01:56	00:40:40	297	29,5	00:01:22	00:19:31	129	01:18:38
190.	318	Ciaran	Waters	m	M25-29	Portmarnock TC	00:18:43	265	00:02:23	00:35:52	171	33,4	00:01:53	00:19:52	142	01:18:45
191.	549	Paul	McDonnell	m	M40-44		00:17:41	198	00:02:33	00:36:38	191	32,7	00:01:57	00:20:02	150	01:18:53
192.	368	Mark	Thompson	m	M30-34	Tri Limits TC	00:18:49	277	00:02:28	00:34:39	122	34,6	00:01:41	00:21:21	239	01:19:01
193.	261	Nicola	Hickey-Crowe	f	F35-39	Piranha TC	00:57:29	471			-1				-1	01:19:02
194.	249	Garry	McGovern	m	M45-49	Phoenix TC	00:19:00	287	00:02:11	00:36:30	190	32,8	00:02:14	00:19:09	116	01:19:06
195.	59	Dominic	Clarke	m	M50-54	Armagh Pike Kickers	00:18:32	256	00:02:26	00:36:30	189	32,8	00:02:03	00:19:36	133	01:19:08
196.	340	Dee	Needham	f	F45-49	Pulse TC	00:14:56	54	00:02:32	00:37:01	210	32,4	00:01:55	00:22:51	309	01:19:16
197.	66	Donal	Harrington	m	M20-24	Athy Triathlon Club	00:15:52	91	00:02:28	00:39:54	281	30,0			-1	01:19:27
198.	224	Paul	McClellan	m	M35-39	Tri Limits TC	00:17:15	172	00:02:36	00:37:21	220	32,1	00:02:01	00:20:13	159	01:19:28
199.	574	Tony	Davis	m	M45-49		00:18:07	225	00:02:27	00:35:36	161	33,7	00:02:46	00:20:36	188	01:19:33
200.	312	Sarah	Hawkshaw	f	F25-29	Portmarnock TC	00:16:59	157	00:02:03	00:38:21	248	31,2	00:01:27	00:20:44	198	01:19:36
201.	299	Michael	Dowling	m	M45-49	Piranha TC	00:18:27	248	00:03:22	00:35:47	168	33,5	00:02:08	00:19:52	141	01:19:37
202.	105	Mark	Wallace	m	M50-54	Belpark TC	00:17:00	158	00:02:01	00:37:10	212	32,2	00:02:12	00:21:13	228	01:19:39
203.	74	Grainne	Forde	f	F35-39	Belpark TC	00:17:31	188	00:02:18	00:36:17	184	33,0	00:02:15	00:21:15	229	01:19:39
204.	523	Adam	Lovett	m	M35-39		00:19:13	300	00:02:24	00:34:02	92	35,2	00:01:49	00:22:08	272	01:19:39
205.	112	John	O'Callaghan	m	M55-59	Belpark TC	00:17:44	202	00:03:29	00:35:28	152	33,8	00:01:55	00:21:07	222	01:19:45
206.	308	Aidan	Hughes	m	M55-59	Piranha TC	00:19:08	293	00:38:52		-1				-1	01:19:47
207.	166	Brendan	Mulhall	m	M35-39	Kilkenny Triathlon	00:18:35	259	00:02:16	00:36:46	197	32,6	00:01:55	00:20:16	164	01:19:49
208.	530	Stephen	Hickey	m	M35-39		00:18:15	235	00:02:15	00:34:39	121	34,6	00:02:27	00:22:12	280	01:19:50
209.	38	Paul	O'gara	m	M45-49	247 Triathlon Club	00:16:32	125	00:02:06	00:37:02	211	32,4	00:02:05	00:22:04	267	01:19:51
210.	491	Darragh	White	m	M30-34		00:18:13	232	00:02:01	00:38:33	253	31,1	00:01:55	00:19:07	115	01:19:51
211.	387	Sam	Uprichard	m	M40-44	TUNA TC	00:17:52	209	00:01:49	00:36:46	198	32,6	00:01:35	00:21:54	258	01:19:57
212.	410	Kevin	O'Connell	m	M30-34	Wicklow TC	00:18:47	271	00:02:37	00:36:56	205	32,4	00:01:40	00:20:01	148	01:20:03
213.	246	David	Tunney	m	M35-39	Phoenix TC	00:18:25	246	00:01:59	00:37:15	215	32,2	00:02:23	00:20:02	151	01:20:07
214.	400	Nicola	Crean	f	F40-44	Wicklow TC	00:17:14	170	00:01:40	00:35:55	175	33,4	00:01:46	00:23:35	338	01:20:10
215.	5000	N.N.	50001				00:18:46	270	00:02:01	00:37:55	230	31,6	00:01:49	00:19:43	137	01:20:16
216.	111	David	Chandler	m	M55-59	Belpark TC	00:18:02	216	00:03:24	00:33:59	88	35,3	00:02:18	00:22:31	294	01:20:16
217.	422	John	Darcy	m	M65-69	Wicklow TC	00:16:56	153	00:03:27	00:33:30	73	35,8	00:02:07	00:24:15	358	01:20:17
218.	528	Alan	Conlon	m	M35-39		00:16:51	151	00:02:27	00:37:58	234	31,6	00:01:33	00:21:33	247	01:20:24
219.	383	Gareth	Madden	m	M40-44	Trilogy Triathlon Club	00:19:56	330	00:01:54	00:34:15	103	35,0	00:02:05	00:22:16	284	01:20:28
220.	240	Barry	Mc cann	m	M55-59	Omagh TC	00:19:39	319	00:02:28	00:35:54	173	33,4	00:01:44	00:20:41	194	01:20:29



Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
221.	440	Andrea	Bryan	f	F35-39		00:18:29	250	00:02:03	00:35:41	163	33,6	00:01:43	00:22:38	299	01:20:36
222.	200	Tara	Johnston	f	F40-44	Naas TC	00:17:45	204	00:01:44	00:40:40	298	29,4	00:01:44	00:18:42	85	01:20:36
223.	70	Ciara	Bradley	f	F35-39	Belpark TC	00:19:29	313	00:02:19	00:37:40	226	31,8	00:01:46	00:19:27	124	01:20:42
224.	268	Anne	Morrissey	f	F55-59	Piranha TC	00:16:17	107	00:02:58	00:37:32	223	31,9	00:00:36	00:23:27	333	01:20:52
225.	558	Brian	McGurk	m	M40-44		00:17:21	178	00:03:04	00:38:17	245	31,3	00:01:38	00:20:33	187	01:20:55
226.	90	Aubrey	Shaw	m	M35-39	Belpark TC		-1			-1				-1	01:20:59
227.	41	Gillian	Mcmahon	f	F45-49	3D TC	00:18:23	242	00:02:32	00:36:39	194	32,7	00:01:54	00:21:34	248	01:21:04
228.	382	Eoin	Lorigan	m	M35-39	Trilogy Triathlon Club	00:15:43	81	00:02:09	00:38:33	252	31,1	00:02:04	00:22:42	302	01:21:13
229.	406	Orla	Mc andrew	f	F50-54	Wicklow TC	00:17:06	163	00:01:49	00:36:29	188	32,8	00:02:05	00:23:48	347	01:21:19
230.	328	Colin	McCarthy	m	M40-44	Portmarnock TC	00:18:52	282	00:02:55	00:36:48	202	32,5	00:01:40	00:21:03	217	01:21:21
231.	213	Christopher	Connolly	m	M30-34	Newry Triathlon Club	00:20:44	366	00:01:54	00:37:00	209	32,4	00:01:42	00:20:17	167	01:21:41
232.	53	Denis	Griffin	m	M45-49	Activmultisport TC	00:19:11	297	00:02:50	00:35:33	159	33,7	00:01:58	00:22:08	270	01:21:42
233.	294	Simon	O'Regan	m	M40-44	Piranha TC	00:16:19	109	00:02:48	00:38:42	258	31,0	00:03:11	00:20:47	203	01:21:49
234.	45	Lochlan	Walsh	m	M50-54	3D TC	00:15:55	95	00:02:29	00:37:53	229	31,6	00:02:39	00:22:55	312	01:21:52
235.	162	Marie	Slattery	f	F40-44	Kilkenny Triathlon	00:19:03	290	00:01:40	00:38:08	240	31,4	00:01:44	00:21:18	233	01:21:55
236.	61	Kevin	Reilly	m	M35-39	Athlone TC	00:17:18	175	00:01:43	00:39:00	270	30,7	00:01:52	00:22:09	273	01:22:04
237.	570	Dylan	Poole	m	M45-49		00:16:40	138	00:04:14	00:38:37	257	31,0	00:02:00	00:20:32	184	01:22:05
238.	315	Jennifer	Lyons	f	F40-44	Portmarnock TC	00:18:04	218	00:01:50	00:38:07	239	31,4	00:01:35	00:22:29	290	01:22:07
239.	232	Colin	Shields	m	M40-44	Olympian Triathlon	00:20:05	340	00:01:48	00:37:22	222	32,1	00:02:08	00:20:45	199	01:22:10
240.	317	Cian	Griffin	m	M25-29	Portmarnock TC	00:15:15	65	00:02:26	00:41:12	312	29,1	00:02:12	00:21:08	224	01:22:15
241.	475	Luke	O'Toole	m	M25-29		00:17:42	199	00:02:05	00:37:21	221	32,1	00:02:23	00:22:53	310	01:22:27
242.	407	Lisa	Bishop	f	F50-54	Wicklow TC	00:16:41	141	00:02:18	00:38:23	249	31,2	00:02:05	00:22:59	315	01:22:29
243.	499	Ian	Cairns	m	M30-34		00:21:54	398	00:04:09	00:35:32	158	33,7	00:01:58	00:18:54	100	01:22:30
244.	239	John Joe	Mc Cullagh	m	M50-54	Omagh TC	00:20:21	352	00:01:47	00:38:08	241	31,4	00:01:46	00:20:28	181	01:22:32
245.	241	Catherine	Browne	f	F30-34	Peninsula TC	00:15:04	58	00:02:53	00:40:49	302	29,3	00:02:54	00:20:51	205	01:22:34
246.	142	Keith	Hayes	m	M30-34	Fingal TC	00:20:06	341	00:02:49	00:36:06	181	33,2	00:01:45	00:21:47	254	01:22:35
247.	536	Gareth	Young	m	M40-44		00:18:00	215	00:01:56	00:38:44	261	30,9	00:01:50	00:22:05	268	01:22:38
248.	178	Roisin	Donohoe	f	F35-39	Longford TC	00:18:36	261	00:02:10	00:37:33	224	31,9	00:01:37	00:22:40	301	01:22:38
249.	427	Alex	Murphy	f	F16-17		00:15:34	75	00:02:57	00:42:27	359	28,2	00:01:18	00:20:20	173	01:22:39
250.	612	Paraic	Rafoery	m	M35-39	Galway TC	00:19:20	309	00:02:16	00:40:48	300	29,4	00:01:36	00:18:43	87	01:22:44
251.	471	Seán	O'Brien	m	M25-29		00:24:34	441	00:03:08	00:35:13	141	34,0	00:01:59	00:17:56	50	01:22:52
252.	78	Eilish	Kilkenny	f	F45-49	Belpark TC	00:18:46	269	00:01:31	00:37:15	217	32,2	00:01:48	00:23:39	341	01:23:01
253.	344	Martin	Maycock	m	M35-39	Pulse TC	00:19:17	306	00:02:33	00:37:15	216	32,2	00:01:55	00:22:10	274	01:23:11

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
254.	537	Aidan	Damer	m	M40-44		00:18:12	231	00:02:32	00:38:06	238	31,4	00:01:52	00:22:27	289	01:23:11
255.	391	Jennifer	Hennebry	f	F30-34	Waterford TC	00:19:32	315	00:02:44	00:38:47	262	30,9	00:01:50	00:20:23	178	01:23:18
256.	398	Deirdre	McAlear	f	F35-39	Wicklow TC	00:17:54	210	00:02:08	00:41:22	322	29,0	00:01:38	00:20:18	170	01:23:22
257.	559	Simon	Gerrard	m	M40-44		00:21:20	378	00:03:50	00:35:34	160	33,7	00:01:58	00:20:43	197	01:23:27
258.	280	Carl	Byrne	m	M30-34	Piranha TC	00:17:10	167	00:00:44	00:42:08	347	28,4	00:02:04	00:21:21	237	01:23:29
259.	375	Colin	Wilson	m	M45-49	Tri Limits TC	00:18:52	281	00:02:29	00:36:48	200	32,6	00:02:03	00:23:18	326	01:23:31
260.	609	Máire	Diggin	f	F45-49	Pulse TC	00:18:03	217	00:01:17	00:40:38	296	29,5	00:01:30	00:22:02	265	01:23:32
261.	296	Mark	Pringle	m	M45-49	Piranha TC	00:17:59	214	00:02:43	00:36:58	207	32,4	00:02:15	00:23:36	340	01:23:33
262.	546	Stephen	Leech	m	M40-44		00:16:42	144	00:03:31	00:37:20	219	32,1	00:03:08	00:22:54	311	01:23:37
263.	44	Peter	Clarke	m	M40-44	3D TC	00:20:09	343	00:02:32	00:38:29	251	31,1	00:01:38	00:20:47	201	01:23:38
264.	39	Cathal	Roarty	m	M50-54	247 Triathlon Club	00:19:55	329	00:02:17	00:37:57	233	31,6	00:03:54	00:19:39	134	01:23:44
265.	521	Sean	O connor	m	M35-39		00:19:48	325	00:02:32	00:39:58	283	30,0	00:02:02	00:19:25	123	01:23:47
266.	37	Brian	Gormley	m	M40-44	247 Triathlon Club	00:18:25	245	00:02:22	00:40:21	290	29,7	00:02:40	00:19:59	147	01:23:48
267.	515	Stephen	O Connor	m	M35-39		00:19:17	305	00:03:38	00:36:43	196	32,6	00:01:58	00:22:19	287	01:23:58
268.	203	Derek	Kirwan	m	M35-39	Naas TC	00:19:44	322	00:02:18	00:38:37	255	31,0	00:01:52	00:21:28	244	01:24:01
269.	305	Noel	Kelly	m	M55-59	Piranha TC	00:19:09	296	00:03:38	00:36:46	199	32,6	00:02:05	00:22:23	288	01:24:04
270.	123	Paul	Mcguinness	m	M55-59	Cuilcagh TC	00:18:12	230	00:02:37	00:37:55	232	31,6	00:01:58	00:23:22	329	01:24:07
271.	161	Caoimhe	Sheeran	f	F35-39	Kilkenny Triathlon	00:19:01	288	00:02:45	00:40:45	299	29,4	00:01:56	00:19:40	135	01:24:08
272.	163	Karen	Ryan	f	F45-49	Kilkenny Triathlon	00:21:37	387	00:02:08	00:37:38	225	31,8	00:01:46	00:20:58	213	01:24:09
273.	283	Brendan	Doyle	m	M35-39	Piranha TC	00:16:30	122	00:00:24	00:42:25	356	28,2	00:03:01	00:21:48	255	01:24:09
274.	56	Noirin	Hayes	f	F40-44	Armagh Pike Kickers	00:17:30	186	00:02:29	00:39:19	276	30,5	00:02:09	00:22:40	300	01:24:10
275.	426	Rachel	Vaughan	f	F16-17		00:13:03	7	00:02:32	00:45:02	413	26,6	00:01:21	00:22:18	285	01:24:17
276.	599	Midlife crisis	Midlife crisis	m	Relay		00:19:28	312	00:01:35	00:42:05	344	28,5	00:02:08	00:18:59	108	01:24:18
277.	461	Samuel	Carr	m	M16-17		00:16:28	120	00:02:38	00:41:32	327	28,8	00:02:27	00:21:17	232	01:24:24
278.	518	Ciaran	Killaly	m	M35-39		00:19:47	324	00:02:43	00:38:19	246	31,3	00:02:25	00:21:12	227	01:24:27
279.	323	Alan	Moghal	m	M35-39	Portmarnock TC	00:21:55	399	00:00:55	00:39:39	277	30,2	00:01:39	00:20:19	172	01:24:29
280.	495	Alan	Dinan	m	M30-34		00:19:45	323	00:01:58	00:37:43	228	31,8	00:02:03	00:23:13	322	01:24:44
281.	116	Michelle	Manning	f	F30-34	Cork TC	00:18:31	254	00:03:34	00:38:59	269	30,7	00:01:48	00:21:53	257	01:24:47
282.	229	Joanne	Bingham	f	F50-54	Olympian Triathlon	00:18:49	278	00:01:40	00:41:05	309	29,2	00:01:38	00:21:35	249	01:24:49
283.	610	Damian	McCormack	m	M50-54		00:17:32	189	00:02:37	00:38:25	250	31,2	00:02:46	00:23:32	336	01:24:53
284.	177	Margaret	Gallagher	f	F35-39	Longford TC	00:18:50	280	00:03:15	00:41:15	316	29,0	00:01:25	00:20:05	155	01:24:54
285.	77	Kathleen	Curran	f	F45-49	Belpark TC	00:58:18	472			-1			00:24:30	363	01:25:06
286.	486	Stuart	Henderson	m	M25-29		00:17:37	194	00:04:14	00:37:59	235	31,5	00:02:25	00:22:49	306	01:25:06

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
287.	384	Paul	Cahill	m	M45-49	TriTanium Triathlon	00:18:47	272	00:02:47	00:36:16	183	33,0	00:02:13	00:25:07	375	01:25:12
288.	150	Cormac	Lyons	m	M35-39	Galway TC	00:19:11	298	00:02:28	00:41:17	319	29,0			-1	01:25:17
289.	401	Helen	Mullarkey	f	F40-44	Wicklow TC	00:18:05	220	00:02:26	00:40:35	295	29,5	00:01:39	00:22:43	303	01:25:29
290.	613	Fra	Murphy	m	M55-59		00:17:37	193	00:03:15	00:38:09	242	31,4	00:01:55	00:24:35	365	01:25:33
291.	493	Mark	Gleeson	m	M30-34		00:16:48	149	00:03:57	00:40:34	294	29,5	00:02:56	00:21:16	230	01:25:34
292.	416	Richard	Mckeown	m	M45-49	Wicklow TC	00:16:20	111	00:02:20	00:42:38	365	28,1	00:02:07	00:22:11	275	01:25:37
293.	423	Emily	Cantley	f	F16-17		00:17:08	166	00:02:14	00:42:17	352	28,3	00:02:06	00:21:54	259	01:25:42
294.	259	Lorraine	Carrabin	f	F35-39	Piranha TC	00:17:13	168	00:02:43	00:40:55	306	29,3	00:02:01	00:22:56	313	01:25:50
295.	425	Eve	Furlong	f	F16-17		00:17:51	207	00:02:20	00:42:36	361	28,1	00:01:42	00:21:20	235	01:25:52
296.	138	Helen	Mooney	f	F30-34	Fingal TC	00:17:56	212	00:02:58	00:43:03	371	27,8	00:01:52	00:20:05	153	01:25:55
297.	596	David	Byrne	m	M55-59		00:18:10	229	00:03:21	00:38:48	263	30,9	00:02:08	00:23:29	335	01:25:59
298.	505	Raymond	Hale	m	M30-34		00:18:49	276	00:03:28	00:41:39	331	28,8	00:01:54	00:20:13	160	01:26:04
299.	504	Feargal	Mc Grath	m	M30-34		00:21:50	394	00:03:24	00:37:11	213	32,2	00:02:11	00:21:32	246	01:26:10
300.	132	Paul	Dromgoole	m	M40-44	Drogheda TC	00:17:35	191	00:02:52	00:39:10	273	30,6			-1	01:26:17
301.	316	Bronagh	Nugent	f	F45-49	Portmarnock TC	00:19:27	310	00:02:17	00:40:55	305	29,3	00:02:17	00:21:22	241	01:26:20
302.	402	Karen	Cowan	f	F45-49	Wicklow TC	00:18:07	226	00:02:34	00:41:41	333	28,7	00:01:52	00:22:11	276	01:26:27
303.	575	Ian	Mcfarlane	m	M45-49		00:19:36	317	00:02:51	00:39:14	274	30,5	00:02:14	00:22:33	295	01:26:30
304.	148	Jenny	Mullarkey	f	F30-34	Galway TC	01:03:16	473			-1			00:21:07	223	01:26:43
305.	72	Bronagh	Mcconnell	f	F35-39	Belpark TC	00:19:01	289	00:02:30	00:42:38	366	28,1	00:01:40	00:20:52	208	01:26:44
306.	251	Celine	Clerkin	f	F25-29	Piranha TC	00:19:59	334	00:02:17	00:43:13	377	27,7	00:01:49	00:19:27	126	01:26:47
307.	584	Brendan	Holland	m	M50-54		00:20:21	353	00:01:54	00:39:44	279	30,1	00:02:56	00:21:58	261	01:26:56
308.	291	Paul	Jennings	m	M40-44	Piranha TC	00:20:44	365	00:03:19	00:40:27	292	29,6	00:01:51	00:20:36	189	01:26:59
309.	413	Terry	Cullen	m	M40-44	Wicklow TC	00:19:43	320	00:02:32	00:41:10	310	29,1	00:01:41	00:21:58	263	01:27:07
310.	550	Gearóid	Slowey	m	M40-44		00:21:00	373	00:03:14	00:38:56	268	30,8	00:02:12	00:21:49	256	01:27:13
311.	179	Padraic	Mcweaney	m	M50-54	Longford TC	00:18:09	228	00:02:35	00:40:30	293	29,6	00:02:17	00:23:46	345	01:27:18
312.	545	David	Keenan	m	M40-44		00:18:58	285	00:03:20	00:38:52	267	30,8	00:02:52	00:23:18	327	01:27:22
313.	590	Tom	Mitchell	m	M50-54		00:18:21	239	00:03:10	00:40:20	289	29,7	00:02:25	00:23:05	317	01:27:22
314.	180	Katie	Timmins	f	F25-29	Mako TRI club	00:17:28	185	00:03:43	00:41:11	311	29,1	00:02:09	00:22:50	307	01:27:23
315.	85	Mark	McDonnell	m	M30-34	Belpark TC	00:14:38	46	00:02:12	00:43:12	376	27,7	00:01:55	00:25:26	379	01:27:24
316.	141	Alex	Curtis	m	M16-17	Fingal TC	00:18:41	264	00:03:25	00:40:27	291	29,6	00:02:14	00:22:44	304	01:27:33
317.	146	Yannick	Chevalier	m	M50-54	Fingal TC	00:20:20	351	00:03:38	00:39:59	284	30,0	00:02:30	00:21:04	219	01:27:34
318.	145	Damian	Hand	m	M45-49	Fingal TC	00:18:43	266	00:03:38	00:41:17	318	29,0	00:02:50	00:21:04	221	01:27:34
319.	335	Orla	McDermott	f	F18-19	Predator Triathlon	00:15:08	61	00:01:32	00:42:45	368	28,0	00:01:22	00:26:46	409	01:27:35



Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
320.	110	Keith	Holmes	m	M55-59	Belpark TC	00:16:26	115	00:02:52	00:38:14	244	31,3	00:02:18	00:27:50	425	01:27:41
321.	405	Marie	Burke	f	F45-49	Wicklow TC	00:16:54	152	00:02:28	00:39:40	278	30,2	00:03:06	00:25:41	390	01:27:51
322.	603	David	Eccles	m	M25-29		00:18:29	251	00:04:45	00:35:31	156	33,7	00:01:03	00:28:05	427	01:27:55
323.	332	Des	Whelan	m	M50-54	Portmarnock TC	00:20:03	336	00:03:35	00:40:01	286	29,9	00:02:20	00:21:58	262	01:27:59
324.	500	Garwei	Ho	m	M30-34		00:19:30	314	00:03:37	00:41:38	330	28,8	00:01:43	00:21:38	250	01:28:09
325.	46	Wendy	Mc mahon	f	F35-39	Activmultisport TC	00:18:53	283	00:03:49	00:42:25	357	28,2	00:01:59	00:21:04	218	01:28:12
326.	477	Reuben	Whelan	m	M25-29		00:19:38	318	00:04:07	00:38:19	247	31,3	00:02:02	00:24:04	357	01:28:12
327.	548	Claudio	Derossi	m	M40-44		00:20:04	338	00:02:55	00:39:17	275	30,5	00:02:04	00:24:04	356	01:28:25
328.	565	Cormac	Connolly	m	M45-49		00:18:14	234	00:04:50	00:40:19	288	29,7	00:03:38	00:21:23	242	01:28:25
329.	542	Eddie	Fitzpatrick	m	M40-44		00:19:06	292	00:03:46	00:41:19	320	29,0	00:02:53	00:21:20	236	01:28:27
330.	508	Edward	Carroll	m	M30-34		00:16:33	126	00:03:43	00:42:37	362	28,1	00:03:08	00:22:29	291	01:28:32
331.	269	Liz	Rouine	f	F55-59	Piranha TC	00:21:57	401	00:03:01	00:41:20	321	29,0	00:01:31	00:20:46	200	01:28:37
332.	502	Andrew	Fannin	m	M30-34		00:17:05	162	00:03:50	00:41:56	339	28,6	00:02:23	00:23:22	330	01:28:38
333.	556	Neil	Ferguson	m	M40-44		00:21:31	385	00:03:38	00:38:02	236	31,5	00:02:18	00:23:15	324	01:28:46
334.	238	Damian	Eannetta	m	M45-49	Omagh TC	00:22:05	406	00:02:35	00:38:50	265	30,8	00:02:03	00:23:19	328	01:28:54
335.	341	Oisín	Mcginley	m	M16-17	Pulse TC	00:20:31	358	00:02:33	00:44:24	404	27,0	00:01:05	00:20:36	190	01:29:12
336.	104	Ed	Colleran	m	M45-49	Belpark TC	00:17:44	201	00:03:23	00:41:33	328	28,8	00:02:08	00:24:24	361	01:29:13
337.	569	Mark	Friel	m	M45-49		00:18:30	252	00:04:02	00:39:55	282	30,0	00:02:25	00:24:41	368	01:29:34
338.	524	Robert	Noone	m	M35-39		00:18:22	240	00:02:45	00:41:42	334	28,7	00:02:23	00:24:34	364	01:29:47
339.	519	Andrew	Imrie	m	M35-39		00:18:16	236	00:03:25	00:38:42	259	31,0	00:02:39	00:26:57	412	01:30:01
340.	600	The Official King of	The Official King of	m	Relay		00:17:05	161	00:02:17	00:47:28	436	25,2			-1	01:30:05
341.	485	Jack	O'halloran	m	M25-29		00:17:23	180	00:48:45		-1				-1	01:30:10
342.	195	Antoinette	Butler	f	F50-54	Midland TC	00:18:13	233	00:02:35	00:41:58	340	28,5	00:02:23	00:25:12	377	01:30:24
343.	579	Richard	Whitty	m	M50-54		00:19:05	291	00:03:14	00:41:51	338	28,6	00:02:30	00:23:48	346	01:30:30
344.	378	Michelle	Behan	f	F25-29	Trilogy Triathlon Club	00:16:46	148	00:02:57	00:45:04	415	26,6	00:01:53	00:23:49	348	01:30:31
345.	257	Lucy	MacAuley	f	F30-34	Piranha TC	00:21:31	384	00:02:51	00:43:27	384	27,6	00:01:31	00:21:10	225	01:30:32
346.	433	Lucie	Rehova	f	F30-34		00:20:18	349	00:03:04	00:42:10	349	28,4	00:02:22	00:22:37	297	01:30:32
347.	572	Ruairi	Jennings	m	M45-49		00:20:24	354	00:03:17	00:42:04	342	28,5	00:02:18	00:22:31	293	01:30:36
348.	583	Ken	Browne	m	M50-54		00:23:50	434	00:04:03	00:40:53	303	29,3	00:02:18	00:19:31	130	01:30:37
349.	467	Cormac	Meegan	m	M25-29		00:20:47	368	00:03:41	00:40:01	285	29,9	00:02:11	00:23:58	351	01:30:40
350.	263	Wini	Gallagher	f	F40-44	Piranha TC	00:23:06	423	00:02:49	00:41:29	325	28,9	00:02:26	00:20:49	204	01:30:41
351.	134	Padraig	Hegarty	m	M45-49	Drogheda TC	00:21:51	395	00:02:56	00:41:31	326	28,8	00:02:15	00:22:13	282	01:30:48
352.	497	Stephen	Cummins	m	M30-34		00:20:30	356	00:02:16	00:42:37	363	28,1	00:02:17	00:23:17	325	01:30:59

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
353.	564	Ian	Bourke	m	M45-49		00:20:42	362	00:03:45	00:41:47	335	28,7	00:01:51	00:22:58	314	01:31:05
354.	560	Nicky	Stewart	m	M40-44		00:21:02	376	00:02:37	00:42:27	358	28,2	00:01:32	00:23:45	344	01:31:25
355.	377	Peter	Daly	m	M35-39	Tried & Tested TC	00:20:03	335	00:03:30	00:41:12	314	29,1	00:03:14	00:23:25	331	01:31:26
356.	302	Barry	Mcintyre	m	M50-54	Piranha TC	00:19:35	316	00:05:17	00:41:12	313	29,1	00:01:20	00:24:01	354	01:31:28
357.	473	David	Cormican	m	M25-29		00:23:25	430	00:00:32	00:43:03	372	27,8	00:02:15	00:22:19	286	01:31:36
358.	151	Joanne	O'Donnell	f	F45-49	GoTri TC	00:19:58	333	00:02:29	00:41:47	336	28,7	00:01:54	00:25:27	381	01:31:37
359.	96	Niall	Murphy	m	M40-44	Belpark TC	00:17:14	169	00:02:02	00:44:01	395	27,2	00:01:50	00:26:39	406	01:31:47
360.	507	Tom	Dalton	m	M30-34		00:18:35	260	00:04:03	00:42:01	341	28,5	00:02:17	00:24:53	372	01:31:50
361.	611	Hilda	Robinson	f	F35-39		00:22:17	413	00:03:42	00:43:08	374	27,8	00:01:18	00:21:54	260	01:32:21
362.	442	Nicola	O' Neill	f	F35-39		00:20:30	357	00:04:06	00:43:19	380	27,6	00:02:20	00:22:06	269	01:32:23
363.	364	Liam	Clarke	m	M45-49	Tri an Mhi TC	00:20:14	345	00:03:12	00:39:03	271	30,7	00:02:24	00:27:34	421	01:32:29
364.	490	Rob	MacTighearnain	m	M30-34		00:21:38	388	00:04:06	00:42:19	353	28,3	00:02:13	00:22:12	281	01:32:31
365.	554	Patrick	Corcoran	m	M40-44		00:15:51	89	00:03:25	00:41:37	329	28,8	00:03:09	00:28:29	431	01:32:34
366.	227	Marc	Power	m	M40-44	Northwest TC	00:18:08	227	00:02:47	00:42:07	346	28,4	00:02:41	00:26:50	410	01:32:34
367.	437	Linda	Joyce	f	F35-39		00:19:19	307	00:03:25	00:44:54	410	26,7	00:01:57	00:23:06	318	01:32:43
368.	197	Eamonn	Mccafferty	m	M60-64	MSC Tri	00:21:45	393	00:02:16	00:40:55	307	29,3	00:01:52	00:25:54	394	01:32:43
369.	478	Thomas	Quigley	m	M25-29		00:20:09	342	00:05:17	00:42:21	355	28,3	00:02:07	00:22:50	308	01:32:46
370.	489	Micheal	McGarrell	m	M30-34		00:19:14	301	00:02:37	00:43:19	379	27,6	00:02:02	00:25:32	384	01:32:46
371.	551	Eoin	O'Brien	m	M40-44		00:20:15	346	00:05:32	00:42:17	351	28,3	00:01:34	00:23:13	323	01:32:52
372.	474	Brian	Marren	m	M25-29		00:24:10	437	00:03:37	00:43:18	378	27,7	00:02:04	00:19:49	140	01:33:01
373.	133	Aidan	Townley	m	M40-44	Drogheda TC	00:16:36	134	00:03:01	00:42:17	350	28,3	00:03:18	00:27:50	426	01:33:04
374.	260	Ava	Whelan	f	F35-39	Piranha TC	00:21:41	391	00:02:44	00:40:10	287	29,8	00:02:42	00:26:04	398	01:33:24
375.	449	Gill	Mcloughlin	f	F40-44		00:19:52	327	00:02:47	00:45:06	416	26,6	00:01:42	00:23:58	352	01:33:26
376.	36	Elaine	Gallagher	f	F45-49	247 Triathlon Club	00:18:43	267	00:02:46	00:44:22	403	27,0	00:02:36	00:25:06	373	01:33:35
377.	212	Jane	Hughes	f	F45-49	Newry Triathlon Club	00:21:29	381	00:04:07	00:43:20	382	27,6	00:02:11	00:22:30	292	01:33:40
378.	492	Kalum	King	m	M30-34		00:19:09	295	00:03:15	00:43:47	389	27,3	00:01:54	00:25:32	385	01:33:40
379.	534	Tom	Barry	m	M40-44		00:20:13	344	00:02:30	00:44:18	402	27,0	00:02:21	00:24:19	360	01:33:43
380.	408	Fiona	Obyrne	f	F55-59	Wicklow TC	00:20:26	355	00:03:33	00:41:01	308	29,2	00:03:00	00:25:41	389	01:33:43
381.	456	Catherine	Okeeffe	f	F55-59		00:22:39	419	00:03:27	00:43:37	386	27,5	00:01:27	00:22:38	298	01:33:49
382.	281	Kevin	Daly	m	M30-34	Piranha TC	00:21:52	396	00:03:27	00:41:17	317	29,0	00:02:52	00:24:40	367	01:34:10
383.	209	Catherine	Downes	f	F45-49	Narrows TC	00:20:03	337	00:03:22	00:42:19	354	28,3	00:02:24	00:26:18	402	01:34:28
384.	380	Claire	O'connell	f	F35-39	Trilogy Triathlon Club	00:19:43	321	00:03:11	00:43:04	373	27,8	00:02:19	00:26:36	405	01:34:55
385.	311	Shay	Phelan	m	M55-59	Piranha TC	00:22:15	412	00:03:01	00:43:40	387	27,4	00:03:08	00:22:49	305	01:34:55

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
386.	544	John	Glynn	m	M40-44		00:24:12	438	00:03:33	00:41:27	324	28,9	00:02:40	00:23:04	316	01:34:59
387.	592	Jeremy	Towns	m	M50-54		00:21:36	386	00:02:58	00:44:26	405	27,0	00:02:23	00:23:36	339	01:35:00
388.	547	Michael	Pettibone	m	M40-44		00:23:05	422	00:04:51	00:40:49	301	29,3	00:02:43	00:23:35	337	01:35:04
389.	598	Michael	Mallon	m	M70-74		00:20:20	350	00:03:24	00:38:37	256	31,0	00:02:58	00:29:48	437	01:35:09
390.	225	Aaron	McElhinney	m	M35-39	Northwest TC	00:20:58	371	00:02:50	00:38:09	243	31,4	00:02:10	00:30:59	444	01:35:09
391.	113	John	Reilly	m	M55-59	Cavan TC	00:23:20	428	00:04:34	00:40:54	304	29,3	00:02:53	00:24:00	353	01:35:45
392.	201	Fiona	Uibhriain	f	F45-49	Naas TC	00:20:37	361	00:02:44	00:43:10	375	27,7	00:02:13	00:27:01	413	01:35:47
393.	453	Sinead	O sullivan	f	F40-44		00:18:47	274	00:04:46	00:45:45	422	26,2	00:02:45	00:23:49	349	01:35:55
394.	290	Sean	Walsh	m	M40-44	Piranha TC	00:20:16	347	00:03:30	00:44:08	398	27,1	00:02:49	00:25:27	380	01:36:12
395.	525	Eugene	McCarthy	m	M35-39		00:18:32	255	00:03:44	00:41:49	337	28,6	00:02:45	00:29:21	436	01:36:13
396.	333	Michael	Fennell	m	M55-59	Portmarnock TC	00:23:32	431	00:06:23	00:43:26	383	27,6	00:00:44	00:22:12	278	01:36:19
397.	182	Michelle	Lowe	f	F40-44	Mako TRI club	00:21:53	397	00:03:28	00:42:57	370	27,9	00:02:24	00:25:40	388	01:36:24
398.	435	Ciara	Devane	f	F30-34		00:21:02	377	00:06:14	00:42:37	364	28,1	00:03:21	00:23:08	319	01:36:24
399.	73	Edel	Cussen	f	F35-39	Belpark TC	00:22:25	415	00:00:47	00:45:00	411	26,6	00:02:24	00:25:55	395	01:36:33
400.	482	Paddy	Boylan	m	M25-29		00:22:14	410	00:04:14	00:42:05	343	28,5	00:03:12	00:24:47	371	01:36:34
401.	329	Dominic	Wilkinson	m	M45-49	Portmarnock TC	00:20:51	369	00:03:58	00:41:14	315	29,1	00:02:14	00:28:17	430	01:36:35
402.	264	Fionnuala	Ni bhroin	f	F40-44	Piranha TC	00:22:45	420	00:51:44		-1				-1	01:37:00
403.	535	Damien	Crosbie	m	M40-44		00:22:49	421	00:03:26	00:42:47	369	28,0	00:02:34	00:25:28	382	01:37:06
404.	88	Barry	Clifford	m	M35-39	Belpark TC	00:25:44	446	00:03:04	00:41:40	332	28,7	00:02:13	00:24:41	369	01:37:25
405.	399	Audrey	Pender	f	F35-39	Wicklow TC	00:21:43	392	00:02:51	00:44:07	397	27,1	00:02:40	00:26:03	397	01:37:26
406.	571	Des	King	m	M45-49		00:19:28	311	00:05:32	00:44:52	409	26,7	00:02:25	00:25:07	374	01:37:27
407.	568	Vincent	Byrne	m	M45-49		00:20:59	372	00:03:31	00:45:03	414	26,6	00:03:18	00:24:43	370	01:37:36
408.	591	Loclainn	Donnelly	m	M50-54		00:20:18	348	00:04:23	00:41:22	323	28,9	00:05:46	00:25:54	393	01:37:45
409.	190	Daniel	Phillips	m	M40-44	Mako TRI club	00:21:21	380	00:46:26	00:00:31	1	2278,9	00:02:18	00:27:30	419	01:38:08
410.	75	Catherine	Ryan	f	F35-39	Belpark TC	00:20:33	360			-1				-1	01:38:15
411.	183	Susan	O Donnell	f	F40-44	Mako TRI club	00:22:12	409	00:03:08	00:44:41	408	26,8	00:01:55	00:26:17	401	01:38:15
412.	80	Helen	Holohan	f	F50-54	Belpark TC	00:21:38	389	00:03:56	00:43:53	392	27,3	00:02:37	00:26:09	400	01:38:16
413.	555	Brian	O longaigh	m	M40-44		00:22:03	404	00:03:29	00:45:10	417	26,5	00:01:34	00:26:07	399	01:38:26
414.	309	Alan	Owens	m	M55-59	Piranha TC	00:24:28	440	00:03:08	00:43:29	385	27,5			-1	01:38:32
415.	109	Andrew	Fenton	m	M55-59	Belpark TC	00:19:53	328	00:05:19	00:45:18	418	26,4	00:02:35	00:25:30	383	01:38:36
416.	267	Deirdre	O Grady	f	F50-54	Piranha TC	00:21:01	374	00:03:17	00:46:24	427	25,8	00:02:28	00:25:39	387	01:38:51
417.	394	Eamonn	Sheehan	m	M50-54	Waterford TC	00:21:30	383	00:03:36	00:44:15	401	27,1	00:02:53	00:26:44	408	01:39:01
418.	444	Honor	Martin	f	F40-44		00:20:33	359	00:04:00	00:47:21	435	25,3	00:01:49	00:25:18	378	01:39:02

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
419.	454	Emma	McGrane	f	F45-49		00:20:43	363	00:03:58	00:48:56	441	24,5	00:01:58	00:23:44	343	01:39:20
420.	404	Janine	Tritschler	f	F45-49	Wicklow TC	00:18:47	273	00:03:08	00:47:46	437	25,1	00:02:38	00:27:04	414	01:39:25
421.	434	Evelyn	Lewis	f	F30-34		00:21:59	402	00:03:59	00:47:19	434	25,3	00:02:10	00:24:15	359	01:39:45
422.	455	Sharon	Hayden	f	F50-54		00:20:46	367	00:04:21	00:45:53	424	26,1	00:02:29	00:26:26	403	01:39:58
423.	457	Linda	Walsh	f	F55-59		00:22:39	418	00:03:37	00:44:09	399	27,1	00:02:20	00:27:21	416	01:40:07
424.	481	Eamonn	Boylan	m	M25-29		00:25:51	447	00:03:57	00:43:49	390	27,3	00:02:04	00:24:25	362	01:40:08
425.	149	Liz	O' reilly	f	F40-44	Galway TC	00:22:15	411	00:03:07	00:45:40	420	26,2	00:00:31	00:28:35	432	01:40:10
426.	447	Kate	Strathern	f	F40-44		00:22:37	417	00:03:21	00:44:10	400	27,1	00:02:28	00:27:32	420	01:40:10
427.	304	Tony	O Grady	m	M50-54	Piranha TC	00:33:07	462	00:02:43	00:38:50	264	30,8	00:02:08	00:23:26	332	01:40:16
428.	97	Tristan	Wood	m	M40-44	Belpark TC	00:19:57	332	00:02:52	00:42:29	360	28,2	00:00:53	00:34:16	451	01:40:29
429.	589	Paul	Dunne	m	M50-54		00:20:43	364	00:05:59	00:45:48	423	26,1	00:00:57	00:27:14	415	01:40:44
430.	517	Ishrael	Madeloso	m	M35-39		00:23:37	432	00:04:50	00:43:41	388	27,4	00:02:41	00:26:02	396	01:40:53
431.	192	Cormac	Styles	m	M45-49	Mako TRI club	00:22:05	407	00:05:06	00:46:44	430	25,6	00:02:19	00:24:40	366	01:40:56
432.	618	John	McKenna	m	M35-39		00:31:23	454	00:03:13	00:42:42	367	28,0	00:01:45	00:22:00	264	01:41:06
433.	363	Enda	Gallagher	m	M45-49	Tri an Mhi TC	00:26:17	451	00:04:03	00:45:01	412	26,6	00:02:34	00:23:09	321	01:41:06
434.	367	Alison	Farquhar	f	F40-44	Tri Limits TC	00:23:55	435	00:05:58	00:43:57	393	27,2	00:02:08	00:25:12	376	01:41:12
435.	450	Vera	Holmes	f	F40-44		00:26:02	449	00:03:21	00:46:51	431	25,6	00:01:43	00:23:27	334	01:41:26
436.	55	Kiera	McSorley	f	F30-34	Armagh Pike Kickers	00:21:29	382	00:00:55	00:44:41	407	26,8	00:00:28	00:33:55	450	01:41:30
437.	409	Anne	Hudson	f	F70-74	Wicklow TC	00:19:15	302	00:04:12	00:43:58	394	27,2	00:02:38	00:31:35	446	01:41:39
438.	371	Paul	Henry	m	M35-39	Tri Limits TC	00:23:57	436	00:03:57	00:42:06	345	28,4	00:02:29	00:29:08	434	01:41:40
439.	424	Aileen	Nagle	f	F18-19		00:22:00	403	00:02:49	00:44:39	406	26,8	00:02:12	00:29:58	439	01:41:41
440.	604	Eilis	Fallon	f	F50-54	Mako TRI club	00:22:22	414	00:04:50	00:48:41	440	24,6	00:02:22	00:23:53	350	01:42:09
441.	64	Karen	Kavanagh	f	F45-49	Athy Triathlon Club	00:23:17	426	00:03:53	00:49:17	443	24,3	00:02:44	00:23:08	320	01:42:22
442.	126	Aoife	Smith	f	F40-44	Drogheda TC	00:23:13	425	00:03:52	00:46:03	426	26,0	00:01:53	00:27:26	417	01:42:28
443.	128	Nicky	Feeley	f	F45-49	Drogheda TC	00:22:05	405	00:04:31	00:47:14	433	25,4	00:01:54	00:26:50	411	01:42:35
444.	607	Ken	Vance	m	M55-59		00:21:56	400	00:03:35	00:43:51	391	27,3	00:03:01	00:30:12	442	01:42:37
445.	506	Stephen	Whelan	m	M30-34		00:23:06	424	00:06:25	00:42:08	348	28,4	00:02:55	00:28:10	428	01:42:46
446.	122	Brian	Mccaffrey	m	M45-49	Cuilcagh TC	00:19:56	331	00:02:48	00:54:10	452	22,1			-1	01:43:08
447.	403	Kathleen	Macadam	f	F45-49	Wicklow TC	00:21:01	375	00:04:03	00:49:18	444	24,3	00:02:21	00:26:30	404	01:43:16
448.	185	Caoimhe	Ni Dhuibhinn	f	F45-49	Mako TRI club	00:23:24	429	00:04:16	00:47:55	438	25,0	00:01:53	00:25:49	392	01:43:18
449.	470	Conor	McMahon	m	M25-29		00:22:11	408	00:04:54	00:45:45	421	26,2	00:03:00	00:27:39	422	01:43:32
450.	585	Pat	O Toole	m	M50-54		00:26:02	450	00:04:40	00:43:19	381	27,6	00:03:26	00:26:41	407	01:44:10
451.	124	Maura	Rogan	f	F35-39	Drogheda TC	00:23:19	427	00:03:48	00:50:46	448	23,6	00:02:16	00:24:03	355	01:44:14

Rank	Bib	Name	Last Name	Sex	Age Cat	Club	Swim	Pos	T1	Cycle	Pos	Km/hr	T2	Run	Pos	Finish
452.	144	Ciaran	Maguire	m	M45-49	Fingal TC	00:27:27	452	00:01:00	00:47:06	432	25,4	00:02:20	00:27:26	418	01:45:20
453.	522	David	Knowles	m	M35-39		00:25:11	444	00:03:58	00:46:01	425	26,0	00:02:44	00:27:41	423	01:45:36
454.	441	Jennifer	Sexton	f	F35-39		00:23:48	433	00:04:44	00:46:30	428	25,8	00:02:25	00:28:11	429	01:45:40
455.	581	John	Cleary	m	M50-54		00:25:04	443	00:04:36	00:49:05	442	24,4	00:01:47	00:25:46	391	01:46:20
456.	106	Peter	Geoghegan	m	M50-54	Belpark TC	00:25:58	448	00:02:59	00:46:42	429	25,6	00:02:23	00:30:05	440	01:48:08
457.	298	Jonathan	Bunce	m	M45-49	Piranha TC	00:24:16	439	00:04:13	00:45:24	419	26,4	00:03:03	00:31:49	447	01:48:46
458.	483	Darragh	Horgan	m	M25-29		00:25:30	445	00:04:40	00:56:45	456	21,1	00:02:25	00:21:42	252	01:51:05
459.	147	Dave	Curtis	m	M50-54	Fingal TC	00:21:40	390	00:04:30	00:50:36	447	23,7	00:02:59	00:33:51	449	01:53:38
460.	262	Regina	Bowe	f	F35-39	Piranha TC	00:31:40	459	00:00:26	00:50:22	445	23,8	00:03:00	00:30:10	441	01:55:40
461.	541	Phil	Lowry	m	M40-44		00:31:30	456	00:04:52	00:48:34	439	24,7	00:02:00	00:28:50	433	01:55:47
462.	586	Paul	McCourt	m	M50-54		00:31:36	458	00:06:15	00:44:04	396	27,2	00:05:01	00:29:58	438	01:56:56
463.	436	Carol	Harbourne	f	F35-39		01:31:33	474			-1			00:25:33	386	02:00:12
464.	139	Emma	Byrne	f	F35-39	Fingal TC	00:22:37	416	00:05:27	00:52:18	451	22,9	00:03:21	00:36:48	452	02:00:32
465.	432	Rachael	Haughey	f	F30-34		00:31:35	457	00:04:18	00:51:12	449	23,4	00:03:39	00:32:27	448	02:03:13
466.	511	David	Coffey	m	M35-39		00:32:30	461	01:05:05		-1				-1	02:05:22
467.	445	Susannah	Hudson Coffey	f	F40-44		00:32:29	460	00:07:07	00:55:20	455	21,6	00:02:39	00:27:46	424	02:05:23
468.	593	Owen	O' Sullivan	m	M55-59		00:24:51	442	00:03:50	01:02:04	457	19,3	00:04:06	00:30:54	443	02:05:47
469.	446	Deirdre	Hudson	f	F40-44		00:33:51	463	00:06:26	00:50:28	446	23,7	00:04:14	00:31:12	445	02:06:12
470.	314	Sinead	Morrissey	f	F35-39	Portmarnock TC	00:36:31	464	00:04:58	00:54:17	453	22,1	00:02:00	00:29:14	435	02:07:02
471.	306	Marlon	Major	m	M55-59	Piranha TC	00:31:26	455	00:04:11	00:51:58	450	23,0	00:02:58	00:38:52	453	02:09:27
DNF	107	Jim	O'Callaghan	m	M50-54	Belpark TC	00:17:44	203	00:02:34	00:54:25	454	22,0	00:03:42		-1	
DNF	320	Robert	Kane	m	M30-34	Portmarnock TC	00:28:30	453	00:04:11		-1				-1	
DNF	379	Abina	Whelan	f	F35-39	Trilogy Triathlon Club		-1			-1				-1	
DNF	527	Stephen	Skelly	m	M35-39		00:16:34	128	00:02:45	00:35:25	149	33,8			-1	
DNS	303	John	Wallnutt	m	M50-54	Piranha TC		-1			-1				-1	
DNS	71	Deirdre	Macnally	f	F35-39	Belpark TC		-1			-1				-1	

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